

Terms and Conditions

Welcome to Empower Physical Therapy! By accessing or using our services, you agree to be bound by these Terms and Conditions. Please read them carefully before using our services.

SMS Messaging Terms

By providing us with your mobile phone number, you agree to receive SMS messages from us.

Types of Messages: You may receive the following types of messages:

- **Informational only:** These messages may include updates about your appointments, service changes, or important notices. You will not receive marketing or promotional texts.

Message Frequency: Users may receive weekly or biweekly appointment reminders. Message frequency may vary.

Message and Data Rates: Message and data rates may apply. Check with your mobile carrier for details.

Managing Your SMS Subscriptions:

- **Unsubscribe:** Text **STOP** to (925) 854-1488 to unsubscribe from our SMS messages. You will receive a confirmation message that you have been unsubscribed.
- **Help:** Text **HELP** to (925) 854-1488 for assistance with our SMS program.

General Terms

- **Changes to Terms:** We reserve the right to modify these Terms and Conditions at any time. We will notify you of any changes by posting the updated Terms and Conditions on our website. Your continued use of our services after such notice constitutes your acceptance of the revised Terms and Conditions.
- **Privacy Policy:** Our Privacy Policy, available at www.HeatherRosePT.com, explains how we collect, use, and share your information. By agreeing to these Terms and Conditions, you also agree to our Privacy Policy.
- **Contact Us:** If you have any questions about these Terms and Conditions, please contact us at:
 - Empower Physical Therapy
 - 2355 San Ramon Valley Blvd, Suite 101, San Ramon, CA 94526
 - (925) 854-1488
 - www.HeatherRosePT.com